

Exam Self-Reflection

Class Preparation

- Do you read the textbook before going to class and attempting assignments? Yes No Sometimes
- How much time do you estimate you spend reading and completing assignments?
- Overall, do you think you are preparing well for class?

During Class

- Where do you sit in class, and do you think where you sit impacts your attention/performance?
 - **Distance-learning alternative:** Where do you set up to attend class, and do you think this impacts your attention/performance?
- Do you attempt all activities in class even if you are unsure? Yes No Sometimes
- Do you leave class with questions that you write down for yourself? Yes No Sometimes
- Are you taking the most complete and effective notes you can be? Yes No Sometimes

Post Class

- Are you asking yourself “why” to the “what” you are doing?
 - Yes No Sometimes
- Do you review the PowerPoints and class notes routinely for a short time after each class?
 - Yes No Sometimes
- Do you revisit or reread challenging material to answer the questions you have from class?
 - Yes No Sometimes
- Are you completing assignments as effective practice or simply completing them for the score?
 - Practice Scoring
- Are you taking advantage of all the help and resources offered to you?
 - Yes No
- Do you have study partners that you review class notes with? Are these study sessions active and effective?

Exam

- When did you start studying for the exam? (Hint: Two days before the exam is not enough time)
- Did you finish with time to check over questions? Yes No

- Could you teach someone else how to approach and answer each question? Yes No
- Did you practice answering all questions again from PowerPoints and on-line homework assignments without any help or notes? Yes No
- Explain what your studying “looks like” if I could watch a video of you doing this.
- Are your study habits active and engaging or passive and automated?
- Have you reviewed each question of the exam to see why you got each one right or wrong?
 Yes No

Moving Forward

- What do you think you could do to improve your success in this course?
- How can you learn from this exam?
- What active study strategies do you want to start incorporating?
- How do you learn best? What study methods are actually working for you?
- Are you using all your resources?
- Are you really learning the material or just studying?
- How will you know when you’ve mastered the information?

Exam Item Analysis

Why did you get each question wrong? For each question, explain why you think you got it wrong. Use the choices below.

1. I didn’t understand what the question was asking
2. Understood what the question was asking but wasn’t sure about the content
3. Careless mistake
4. I didn’t know the material because I didn’t study this or I’m not sure we ever talked about this
5. Other, maybe there is another reason you can think of

Questions I got wrong	Question Type (Recall, Application, Significance, Relationship, Other)	Reason I got it wrong (use choices above and elaborate)	Where the material can be found (readings, PowerPoints, notes, etc)
		<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	
		<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	
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